



# SMART LESSON PLAN

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CreativePlayLA

Ages  
4-12

20-40  
min.

## MATERIALS

Liquid Watercolors - 4-6 colors  
Empty Spray Bottles - 4-6  
Large Paper Drop Cloth\* 4 x 10'  
Light cardboard to make stencils

Optional:  
Metallic Watercolors - silver, gold  
Foam Rollers (see Step 4)

Paper Drop Cloth: "Trimaco Super Tuff"  
Available from Amazon or Home Depot,  
in sizes 9 x 12' or 4 x 10'

## BENEFITS

*Art is good brain food! This art idea helps children develop:*

### Cognitive/Thinking Skills

Large scale planning & adapting  
Problem solving  
Spatial relations skills

### Emotional/Feeling Skills

Sensory pleasure  
Motor pleasure  
Emotional release

### Social/Relating Skills

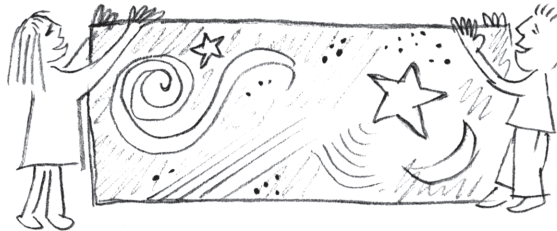
Works together cooperatively  
Shares materials, waits turn

### Physical/Coordinating Skills

Fine motor skills: grasp/spray  
Gross motor skills: large scale  
Plans & adapts to large scale

### Literacy & Language Development

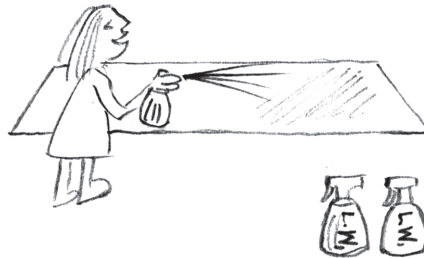
Follows multi-step directions  
Plans & develops content/theme  
Learns new vocabulary words



## Color Spray Murals

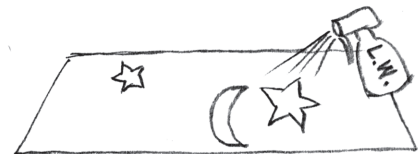
### STEP 1: Paint Light Basecoat

Spray light basecoat of colors over entire mural, using large sweeping motion and 3-5 colors.



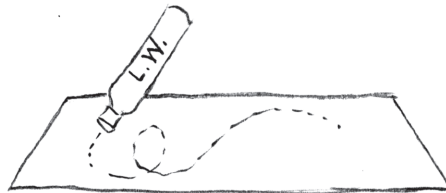
### STEP 2: Apply Stencils

Lay 2-3 stencils onto basecoat & spray with other colors. Reposition, overlap stencils and spray again, changing colors.



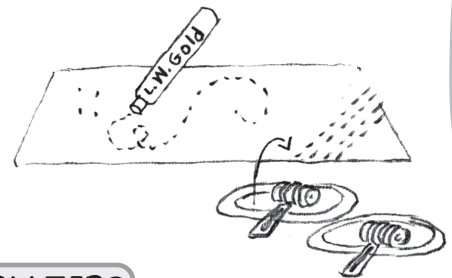
### STEP 3: Drizzle on Darker Outlines

Drizzle a bit of Liquid Watercolor™ directly from the 8 oz. bottle using large sweeping arm movements, for dark contrasting outlines, and "movement."



### STEP 4: Add Silver & Gold LW Accents

Drizzle gold and silver Liquid Watercolor™ from 8 oz. bottles. Mix gold w/yellow and silver w/blue on separate paper plates. Roll on metallic mix with foam texture rollers.



## CLASSROOM TIPS

### Extensions

Spray over ferns, willows branches, or lacy grasses. Make a Paper Quilt: pre-cut 8" squares, and piece together with colored masking tape or glue onto 2nd mat. Alternate squares with coffee filter circles. Make theater curtains or room partitions. Create temporary clothing, using glue. Create potpourri holders: gather colored squares with yarn, at top. Make impressive fundraisers for auctions. Use letter stencils. Decorate hallways. Celebrate the seasons.

For more ideas, visit [www.CreativePlayLA.com](http://www.CreativePlayLA.com) ... or contact Anna Reyner [anna@creativeplayLA.com](mailto:anna@creativeplayLA.com)